EDINA
PLASTIC SURGERY

PlasmaFlow™
PATIENT INSTRUCTIONS

1 Charge the devices for **3 hours** for battery to be fully charged (you may wear them while charging). RED LIGHT = CHARGING   BLUE LIGHT = FULLY CHARGED

2 Devices should last for **7-9 hours** when fully charged.

3 Apply devices to the lower legs/calves with **RED** power button facing up.

4 To turn **ON**, hold down the red power button for **3 seconds** to start devices. This will start St**andard Mode**.

5 **Compression** will begin shortly thereafter. It will inflate to 55mmHG, then deflate to 0mmHG, it will take a break for 50 seconds and then start to re-inflate. The numbers on the left side will show you how many hours you have been wearing them. The numbers on the right are the inflation number.

6 **Wear** the compression devices while relaxing/sitting, standing and sleeping for the first **5-7 days** or unless instructed differently by your surgeon.

7 To turn **OFF**, hold down the red power button for **3 seconds**.

YouTube Video Link:
https://youtu.be/-Rp9L2h5wCs

Please dispose of the compression devices at your local recycling center or call **ManaMed Customer Service at 888-508-0712.**