
WHAT TO EXPECT AFTER SURGERY

Edina Plastic Surgery, Ltd.

For the first 24 hours after surgery:

- A responsible adult (over the age of 18), needs to remain with you during the first 24 hours after your procedure.
- Rest as much as possible, you will be tired following anesthesia.
- You may be dizzy and off balance after anesthesia, have assistance when standing and walking.
- Do not make any important decisions or sign any legal documents.
- Do not drink any alcohol for 24 hours, while taking narcotics, or as instructed by your surgeon.
- Do not drive a vehicle or operate heavy machinery for 24 hours, while taking narcotics, or as instructed by your surgeon.
- Begin advancing your diet slowly after anesthesia starting with clear liquids.

You may experience one or more of the following for the following weeks after your surgery:

- Swelling
- Numbness
- Bruising
- Skin Tightness
- Minimal to moderate pain controlled by prescribed analgesics
- Constipation while taking narcotics. You should use a stool softener (Colace), gut motility agent (Senna), or bulking agent (Miralax) while taking narcotics.
- Low-grade fever
- Small amount of yellow watery drainage from incision area

Call the office immediately if you experience any of the following:

- Sudden or excessive swelling
- Severe pain not controlled by prescribed analgesic
- Red, inflamed, painful incision that is hot to the touch
- Extreme redness or drainage around incisions
- Excessive bleeding (blood soaked dressings or increasing amounts of bright red blood in drains)
- Fever greater than 101.5

If you have any concerns or problems, please do not hesitate to call for assistance:
Edina Surgery Center / Edina Plastic Surgery Clinic: (952) 925-1765 or 1-800-965-1765
Member of American Society of Plastic Surgeons

After Hours: (952) 924-8125
www.Edinaplasticsurgery.com

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- Severe nausea and/or vomiting
- Itching, hives, rash, headache, or nausea after taking any of your medications
- Continued dizziness or incoherent behavior-such as hallucinations

Go immediately to the ER or call 911 if worsening shortness of breath and/or chest pain.

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